

# News Bulletin

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# CCRAS participates in 9<sup>th</sup> World Ayurveda Congress and Arogya Expo



Glimpse of Hon'ble Union Minister for Ayush, Shri Sarbanand Sonwal along with Secretary, Ministry of Ayush, Vaidya Rajesh Kotecha inaugurating the Arogya Expo 2022 organized during the event of World Ayurveda Congress at Kala academy Panaji, Goa from 8<sup>th</sup> to 11<sup>th</sup> December, 2022.

9th World Ayurveda Congress (WAC) and Arogya Expo 2022 was inaugurated at Kala Academy, Panaji, Goa in the presence of Union Minister of State for Tourism and Shipping, Ports and Waterways, Shri Shripad Naik; Chief Minister of Goa, Dr. Pramod Sawant and Secretary, Ministry of Ayush, Vaidya Rajesh Kotecha. The 9th WAC aims to showcase the efficacy and strength of the AYUSH systems of medicine at the Global level. The event witnessed the participation of various eminent dignitaries, Ministry of Ayush Institutes & Research Councils, more than 215 companies, leading Ayurveda brands, medicine manufacturers and Ayurveda related educational and R&D institutions. The valedictory function of the event was graced by Hon'ble Prime Minister

9th WAC aims at showcase the efficacy and strength of the AYUSH systems of medicine at the Global level <sup>99</sup>

of India, Shri. Narendra Modi. Addressing the gathering, the Prime Minister expressed happiness that more than 30 countries of the world have given recognition to Ayurveda as a traditional system of medicine.



During the WAC, Director General, CCRAS, Prof. (Vaidya) Rabinarayan Acharya along with the team have actively participated and attended various programmes including the WHO SEAR Conclave: Best Practices: India's Report; the Inaugural function of 9<sup>th</sup> IDA International Delegate Assembly; as Chairperson in Session IV Documentation of Traditional Community Healthcare Practices; the Workshop on Development of Innovation Ecosystem in Ayurveda; Media Roundtable discussion on Ayurveda and Media; NCISM Conclave: Introduction to CCRAS initiatives in Education; the Inauguration of International conclave on Pashu Ayurveda; International Group Discussion of 9th IDA International Delegate Assembly; Chairperson in Session 4: R&D Innovation Keynote- Way Forward for Research in Pashu Ayurveda for Reduction of AMR; the Panel Discussion of Way Forward and Roadmap as Co-chair on policy regarding Pashu Ayurveda in Veterinary Education Research and Practice etc.

#### Glimpse of some of the activities are:



# CARI, New Delhi becomes the first Institute to get NABH accreditation and CARI, Jhansi gets NABL accreditation.



Dr. Bharti, Director receiving NABH accreditation for CARI, New Delhi in the august presence of Vaidya Rajesh Kotecha, Secretary, MoAyush; Shri Pramod Kumar Pathak, Special Secretary, MoAyush; Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS and other eminent dignitaries.

mid the rising global demand for Ayush, the institutes and hospitals in the area of Indian Systems of Medicine continue to upgrade medical infrastructure and facilities at a rapid pace. Two of the premier institutes under the Central Council for Research in Ayurvedic Sciences (CCRAS) of the Ministry of Ayush namely, Central Ayurveda Research Institute (CARI), New Delhi, and Central Ayurveda Research Institute, Jhansi, have been accredited with NABH and 22<sup>nd</sup> accreditations, respectively on NABL December, 2022. These accreditation focuses on patient safety and quality of healthcare based upon national/international standards. On this achievement Vaidya Rajesh Kotecha, Secretary,

Ministry of Ayush congratulated the officers and staff of both the institutes for their dedication and consistent efforts. Shri Pramod Kumar Pathak, Special Secretary, Ministry of Ayush and representative of both the institutes were present in the formal gathering at Ayush Bhawan, New Delhi. Apart from these two CCRAS institutes, National Ayurveda Research Institute for Panchakarma (NARIP), Cheruthuruthy, Thrissur, Kerala has also got NABL M(EL)T accreditation for its clinical laboratory services. NARIP, Kerala is one of the premier research institute under the Central Council for Research in Ayurvedic Sciences, Ministry of Ayush.

#### **CCRAS participates in 41st IITF**



(Left) Visit of Ayush Minister Shri Sarbananda Sonowal to CCRAS pavilion on 18<sup>th</sup> Nov 2022 at 41<sup>st</sup> IITF, Pragati Maidan, New Delhi. (Right) Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS visited CCRAS stall



CCRAS institute CARI New Delhi participated in 41<sup>st</sup> India International Trade Fair (IITF) at Pragati Maidan, New Delhi from 14<sup>th</sup> November, 2022 to 27<sup>th</sup> November, 2022 organized by India Trade Promotion Organization (ITPO). Hon'ble Cabinet Minister of Ayush, Govt. of India, Shri Sarbananda Sonowal, visited the stall along with Shri Pramod Kumar Pathak, Special Secretary, MoAyush, Prof. Sanjiv Sharma, Vice chancellor, National Institute of Ayurveda (NIA), Jaipur and other eminent dignitaries. Padmashree Vd. Rajesh Kotecha, Secretary, MoAyush, and Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS visited the CCRAS and other Ayush stalls at IITF and encouraged the officers & officials of the Ayush for their work. The IEC material related to Swasthavritta (lifestyle modification), Ritucharya (Seasonal regime), Ayurvedic nutrition & Panchakarma were distributed among visitors so as to promote and propagate Ayurveda in general public. During the event, display stalls were arranged for the visitors in which Council's publications & Council's activities were displayed and free brochures distributed to the visitors for publicity. Free medical check-up camp was also organized to provide medical consultation and free prophylactic medicines were distributed. A separate OPD for Prakriti assessment was also set up for analysis of Prakriti.



#### "One Nation, One Health System" – a special issue of JRAS launch at 9<sup>th</sup> WAC

Hon'ble Secretary, Ministry of Ayush, launched "One Nation, One Health System" – a special issue of Journal of Research in Ayurvedic Sciences (JRAS) in the presence of Prof. Vaidya Rabinarayan Acharya, DG, CCRAS, during World Health Organization (WHO) technical sessions meeting at 9<sup>th</sup> World Ayurveda

Congress (WAC) at Kala Academy, Panjim, Goa on 8th December, 2022



### MoU signed between CARI, Bhubaneswar and AIIMS, Bhubaneswar

A MoU was signed between CCRAS institute Central Ayurveda Research Institute (CARI), Bhubaneswar and All India Institute of Medical Sciences (AIIMS), Bhubaneswar to collaborate in the area of clinical research. The MoU

was exchanged between Prof. Binod Kumar Patro, Dean Research, AIIMS, Bhubaneswar and Dr. M. M. Rao, Director, CARI, Bhubaneswar in the august presence of Prof. Rabinarayan Acharya, Director

General, CCRAS and Prof. Ashutosh Biswas, Executive Director, AIIMS, Bhubaneswar along with other senior officials of both institutes.

#### DG, CCRAS inaugurates Library Section of NIIMH, Hyderabad



The newly established Dr. Achanta Lakshmipathy library section of NIIMH, Hyderabad was inaugurated by Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS and Vaidya Pammi Satyanarayana Shastri, Founder & Trustee, Dr. Achanta Lakshmipathi Ayurveda Library Trust, Vijayawada on 01st October, 2022 in the presence of Dr. N. Srikanth, DDG, CCRAS; Dr. G.P. Prasad, AD Incharge, NCIMH, Hyderabad; Mr. Subbarao, Director, Telangana Oriental Manuscript Library and Research Institute, Hyderabad and Dr. Vijayganesh Reddy, Principal, Incharge & HoD of Ayurveda Samhita, Dr. B.R.K.R

Sarkar Ayurveda College, Hyderabad. Dr. Achanta Lakshmipathi Ayurveda Library Trust, Vijayawada gifted about 4000 Ayurvedic Books, 3000 Ayurvedic Journals, 50 handwritten books, six Ayurvedic Kalvas and valuable ancient Ayurvedic Rasa Aushadhi for preservation to the Library and Museum of the institute. These valuable books are very useful for Ayurvedic & other medical students and researchers.



Glimpse of DG, CCRAS, Prof. (Vaidya) Rabinarayan Acharya and Director, Regional Medical Research Center (RMRC), Bhubaneswar, Dr. Sanghamitra Pati held talks to explore scope for collaborative research on the sidelines of discussions on Odisha Health Research & Nutrition Security.

# Medical and Health Check-up Camps and Ethno-Medico-Botanical Survey Tours

# Tribal Health Care Research Programme (THCRP) under Tribal Sub Plan

The Council is conducting Tribal Health Care Research Programme (THCRP) under Tribal Sub Plan through its 14 peripheral institutes in 14 states. During the quarter, Total 35624 numbers of the population were covered under survey out of which 21086 numbers of ST population identified and treatment was provided to 14538 patients. Besides this, the survey team also collected 15 Folklore claims during the survey.

# Ayurveda Mobile Health Care (AMHCP) programme under Schedule Caste Sub Plan (SCSP)

The Council conducted Ayurveda Mobile Health Care (AMHCP) programme under Schedule Caste Sub Plan (SCSP) through its 20 peripheral institutes in 18 states. During the quarter, the survey team conducted tours in 104 villages. Total 40099 numbers of the population were covered under survey out of which 27221 numbers of the SC population identified and treatment was provided to 26764 patients.

# Women and Child Health Care (WCH) programme under Scheduled Castes Sub Plan (SCSP)

The WCH programme under SCSP has been organized with an aim to provide primary health care services to women & children of SC community and create awareness about nutrition, Hygiene, prevention of Lifestyle disorders and use of common medicinal plants available in the area. During the quarter, the survey team of WCH conducted 440 tours. Total 14588 numbers of populations were covered under survey out of which 14810 numbers of SC population identified and treatment was provided to 14312 patients. Besides this, the survey team also delivered 123 awareness lectures on the promotion of health and prevention of diseases.

#### Glimpse of some of the activities are:



Glimpse of Survey team of RARI, Vijayawada conducting Medical and Health check-up camps under THCRP and SCSP Project.





Glimpse of Survey team of CARI, Bengaluru conducting Medical and Health check-up camps under THCRP and SCSP Project.



Glimpse of Survey team of CARI, Bhubaneswar conducting Medical and Health check-up camps under THCRP and SCSP Project.

# IEC, Awareness Programmes and Arogya Mela

The Central Council for Research in Ayurvedic Sciences with its peripheral institutes across the country participated in various Arogya Melas, Ayurveda Parvs etc. to disseminate Ayurveda. During the events, display stalls arranged for the visitors in which Council's publications & Council's activities were displayed and free brochures distributed to the visitors for publicity. Free medical check-up camps were also organized to provide medical consultation and free medicines were distributed. Glimpse of some of the activities are:





Glimpse of Shri Shripad Yesso Naik, Union Minister of State for Tourism and Ports, Shipping and Waterways visited RRAP-CARI, Mumbai Stall during Paryatan Parva 'Showcase of Ayurveda@2047' at Chhatrapati Shivaji Maharaj Vastu Sangrahalaya, Mumbai held from 30th September, 2022 to 2nd October, 2022.

Glimpse of CARI, Guwahati participation in State level 'Arogya Mela' organized by Ayush department, Aizawl from 19th October 2022 to 22nd October 2022 at Dwarpui Community Hall, Aizawl.



Glimpse of CARI, Patiala stall during 25th Edition of 'CII Chandigarh Fair 2022' held from 14th October, 2022 – 17th October, 2022 at Parade Ground, Chandigarh.



Glimpse of Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS along with officials of CARI, Patiala at CCRAS stall during 25th Edition of 'CII Chandigarh Fair 2022' held from 14th October, 2022 – 17th October, 2022 at Parade Ground, Chandigarh.



Glimpse of CCRAS officials during 'Ayurveda Parv' organized by Vinoba Seva Pratishthan, Odisha at Rajahmundry from 18<sup>th</sup> November, 2022 – 20<sup>th</sup> November, 2022. A stall of RARI, Vijayawada was also placed during the event.



Glimpse of CARI, New Delhi, stall during National conference & Expo on "Role of Women in Science and Technology for sustainable development of Atmanirbhar Bharat" from 24<sup>th</sup> to 26<sup>th</sup> November, 2022 at Jawaharlal Nehru University, New Delhi.



Glimpse of Hon'ble Minister of State Ayush, Dr. Subhash Garg, visited RARI, Jaipur stall during 'Arogya Mela' organized by the State Government, Rajasthan held from 24<sup>th</sup> to 27<sup>th</sup> November, 2022



Glimpse of Hon'ble Chief Minister, Govt. of Uttrakhand, Shri Pushkar singh Dhami, visited RARI, Ranikhet stall during 'Arogya Mela' organized by Navyoga Kendra, Suryodaya Seva Samiti, NGO, Delhi at Tanakpur, Uttrakhand held from 18th to 20th November, 2022



Glimpse of CCRAS stall at the India Show at Misheel Expo Center, Mongolia organized by Misheel Expo Mongolia, India Trade Promotion Organisation (ITPO) and Embassy of India in Mongolia from 18<sup>th</sup> to 21<sup>st</sup> November, 2022



Glimpse of Shri. Sarbananda Sonowal, Minister of Ayush, Govt. of India visited CARI, Bengaluru stall at 9th World Ayurveda Congress and Arogya Expo 2022 organized at Kala Academy, Panaji, Goa held from 8th to 11th December, 2022



Glimpse of Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS inaugurating ALRARI, Chennai Stall during two days National conference on 'Technology-driven Ayurveda for future generations' organized by All India Ayurvedic Congress (AIAC), Tamil Nadu held from 16th - 17th December, 2022



Glimpses of Students from various colleges and common public visiting the stall of RARI, Pune during the 'Shining Maharashtra' organized at Alkuj, Maharashtra from 22<sup>nd</sup> – 24<sup>th</sup> December, 2022



organized at Shri Baba Mastnath Ayurvedic College, Rohtak from 23rd to 25th December, 2022.



Glimpse of CARI, New Delhi stall during Ayurveda Parv Glimpse of CCRAS stall during Mega Health Camp organized by Ministry of Tribal Affairs, Government of India at Saraikela, Jharkhand on 4th December, 2022

#### Participation of Council Officers in Important Meetings, Trainings, Seminars & Conferences and Presentation of Papers

#### Sensitization Training Programme on NAMASTE Portal



Dr. Rakesh Narayanan, R.O. (Ay.), CCRAS Hqrs. delivering lecture during sensitization training programme on "Sustainable maintenance of NAMASTE Portal and capacity building programme" at CARI, Guwahati

- A sensitization training programme on "Sustainable maintenance of National Ayush Morbidity and Standard Terminologies Electronic (NAMASTE) Portal and capacity building programme" was organized in Hybrid mode by the Central Ayurveda Research Institute (CARI), Kolkata on 14<sup>th</sup> & 15<sup>th</sup> October, 2022. About 40 online/offline delegates from different organizations of West Bengal and Orissa participated in this programme.
- A sensitization training programme on 'Sustainable maintenance of NAMASTE Portal and capacity building programme' was organized in Hybrid mode by the Central Ayurveda Research Institute (CARI), Bangalore on 29<sup>th</sup> & 30<sup>th</sup> November, 2022. Dr. A Raghu, Deputy Director General (Ayush), DGHS, New Delhi addressed the inaugural session. Dr. Sulochana Bhat, Assistant Director In-charge, CARI, Bangalore briefed the purpose of conducting this programme. About 40 online/offline delegates from different organizations of Karnataka, Andhra Pradesh, Tamil Nadu, Kerala, Lakshadweep and Pondicherry participated in this programme. Dr. G. P. Prasad, Assistant Director In-charge, NIIMH, Hyderabad; Dr. Vinod Kumar Lavaniya, Research Officer (Ay.), CCRAS Hqrs.; Dr. T. Saketh Ram, Research Officer (Ay.), NIIMH, Hyderabad; Dr. M. Kannan, Research Officer (Siddha) and Prof. Ghulamuddin Sofi, NIUM, Bangalore participated as resource persons in this training programme. Dr. Rakesh Narayanan, Research Officer (Ay.), CCRAS, Hqrs. and Dr. Biswo Ranjan Das, Research Officer (Homoeopathy), NIIMH, Hyderabad; also participated in the training programme and made their presentation in online mode. An interactive session was also held during the training.



• A sensitization training programme on "Sustainable maintenance of National Ayush Morbidity and Standard Terminologies Electronic (NAMASTE) Portal and capacity building programme" was organized in hybrid mode by the CARI, Guwahati dated on 2<sup>nd</sup> & 3<sup>rd</sup> December, 2022. About 35 participants from north eastern states participated in the programme.

#### **RRAP-CARI**, Mumbai organized five days induction training workshop on 'Research Methodology and Bio-Statistics'



CCRAS institute Raja Ramdeo Anandilal Podar (RRAP) Central Ayurveda Research Institute (CARI), Mumbai organized five days induction training workshop on 'Research Methodology and Bio-Statistics' from 11<sup>th</sup> to 15<sup>th</sup> October, 2022 for the newly recruited Research Officers of the Council at Golden Jubilee Hall, Podar Medical College, Mumbai. Total 29 Research officers of 2021 batch from different disciplines like Ayurveda, Biochemistry, Microbiology and Pathology had participated in this training workshop. Total 19 Lectures with group activities, and two academic visits at Tata Memorial Hospital, Mumbai and ICMR-NIRRCH, Mumbai was organized during the workshop.

#### Workshop on Scientific writing:

- A scientific writing workshop was conducted at Central Ayurveda Research Institute (CARI), Bhubaneswar as a part of ongoing workshop series emerged out of collaboration of Central Council for Research in Ayurvedic Sciences (CCRAS) and Rashtriya Ayurveda Vidyapeeth (RAV), New Delhi from 24<sup>th</sup> November, 2022 to 26<sup>th</sup> November, 2022. Around 12 scientific sessions were held and 30 participants attended the workshop.
- A three-day workshop on Scientific Writing was organized to the PhD scholars and teachers of Ayurveda Colleges by CCRAS and RAV, New Delhi at Central Ayurveda Research Institute (CARI), Bengaluru from 15<sup>th</sup> to 17<sup>th</sup> December, 2022. The inaugural session was graced by Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS. Around 12 scientific sessions were held in which Resource persons from varied fields delivered talks starting with introduction to scientific writing, Manuscripts, Cultivating Proficiency in Medical Writing for AYUSH: Need and Scope etc. and 30 participants attended the workshop.

# Workshop on Research Methodology:

Three days workshop on Research Methodology was organized by CCRAS in collaboration with Rashtriya Ayurveda Vidyapeeth (RAV) held at Nagpur from 3<sup>rd</sup>November, 2022 to 5<sup>th</sup> November, 2022. The function was graced by Dr. G.P. Upadhyaya, Governing Body Member of RAV, Nagpur; Dr. Kaustubh Upadhyaya, Advisor, Ministry of Ayush, Govt. of India, and Dr. A.K. Meena Assistant Director Incharge, RARI, Gwalior. Total 12 scientific sessions were held and 30 participants attended the workshop.



#### Workshop for CCRAS scientists on Research Oriented Public Health Care Programs

A two day's training workshop was organized on 'Research Oriented Public Health Care Programs' for CCRAS scientists on 01st and 02nd December 2022 at CCRAS Hqrs., New Delhi. The workshop was inaugurated by the Prof. (Vaidya) Rabinarayan Acharya, Director General, CCRAS. A total of 43 investigators from various institutes of the council participated in it.



Glimpse of meeting of Prof. (Vd.) Rabinarayan Acharya, DG, CCRAS; Dr. G.P Prasad, A.D. In-charge, and Dr. Ramesh Kumar K.L., R.O. (Ay.), NIIMH, Hyderabad with Dr. Sreenivasa R.J., Dy. Director, ICMR-NIN-Food Chemistry Division, Hyderabad on 08<sup>th</sup> November, 2022

Prof. (Vaidya) Rabinarayan Acharya, DG, CCRAS, visited the Food Chemistry Division of the National Institute of Nutrition (NIN), Hyderabad of Indian Council of Medical Research (ICMR) along with Dr. G.P. Prasad, Asst. Director In-Charge, and Dr. Ramesh Kumar K.L. R.O. (Ay.) and discussed with Dr. Sreenivasa R.J., Deputy Director, Food Chemistry Division of NIN, Hyderabad for exploring the possibilities of Collaborative Research in Ayurveda Aahar and other Research Projects on 08<sup>th</sup> November, 2022.



Glimpse of Prof. Rabinarayan Acharya, DG, CCRAS along with other eminent dignitaries during the official language inspection of CARI, Bangaluru by third sub-committee of the Parliamentary Committee on Official Language on 04<sup>th</sup> November, 2022

The Director General, CCRAS, Prof. (Vaidya) Rabinarayan Acharya along with CCRAS officials visited the official language inspection of CCRAS institute CARI, Bengaluru by third sub-committee of the Honorable Parliamentary Committee on Official Language, Department of Official Language, Ministry of Home Affairs, Government of India, on 04th November, 2022. The official language committee has examined the progress made in the progressive use of official language Hindi of the institute and discussed in detail in this regard. The committee also appreciated the efforts and notable contributions made by the institute in implementing the Official Language Policy.

# Guest Lectures, Radio/TV Talks and Interviews



Glimpse of interview with Dr. Vipin Kumar Sharma, RO (Ay.), RARI, Jammu in the programme 'Ayurvigyan' on Doordarshan Jammu channel on 26<sup>th</sup> October, 2022

# Hindi Pakhwada and Workshops

The Council conducted various activities for the implementation of the Official Language Policy of the Official Language Department, M/o Home and External affairs, Govt. of India. As part of this venture, one day Hindi Karyashala was organized by all the peripheral Institutes of the Council. Some of the reports are:



Glimpse of Mr. Kamal Dev, Hindi Teacher, Government Senior Secondary School, Pandoh, delivering lecture during one day Hindi Karyashala organized at RARI, Mandi



Glimpse of Prof. Anirudh Goyal, Department of Hindi, Bundelkhand University, Jhansi delivering lecture on the importance of official language Hindi at workplace during one day Hindi workshop organized at CARI, Jhansi



Mr. Jaishankar Prasad Tiwari, AD (Retd.), Hindi Teaching Scheme and Central Hindi Training Sub-Institute, Secunderabad, delivering lecture during one day Hindi Karyashala organized at NIIMH, Hyderabad



Glimpse of one day Hindi Karyashala organized on 23<sup>rd</sup> December, 2022 at ALRARI, Chennai



Dr. Sujata Dhoke, RO (Ay.) delivering lecture during one day Hindi Karyashala organized at RARI, Vijayawada



Glimpse of one day Hindi Karyashala organized on 29<sup>th</sup> December, 2022 at RARI, Patna

# **Vigilance Awareness Week**

Council observed Vigilance Awareness Week from 31<sup>st</sup> October, 2022 to 7<sup>th</sup> November, 2022. The event organized in Headquarters as well as all the peripheral institutes of the Council. All the officers & staff participated in the event with full enthusiasm and zeal. Glimpse of some of the activities are:



View of lighting the lamp by the Chief Guest Shri Rajesh S., Superintendent of Police, IPS, Jhansi, during the inauguration of VAW-2022 at CARI, Jhansi



Dr. Rajesh Sannd, AD Incharge awarding winners of various competitions organized during the celebration of VAW 2022.



Glimpse of officials and staff of RARI, Thiruvananthapuram taking 'Integrity pledge' during inauguration of Vigilance awareness week on 31st October, 2022



Glimpses of the Elocution competition organized during the celebration of Vigilance Awareness Week 2022 on 01<sup>st</sup> November, 2022 at NIIMH, Hyderabad



Glimpse of a debate competition organized at RARI, Vijayawada in connection with Vigilance Awareness Week celebration.



Glimpse of Shri Chance Keishing, Inspector General, SSB, Ranikhet delivering lecture to the officials and staff of RARI, Ranikhet during inauguration of VAW 2022



Chief Guest Sh. Avinash Pawar, ACP, ACB, Mumbai, delivering lecture during concluding ceremony of VAW 2022 at RRAP-CARI, Mumbai on 7th November, 2022.



Chief Guest Shri. DN Munikrishna, Former IPS, Bengaluru delivering lecture on 'Corruption-free India for a developed nation' during VAW organized by CARI, Bengaluru on 7th November, 2022.

# **Ayurveda Day Celebration**

The 7<sup>th</sup> Ayurveda Day was celebrated with the theme "Har Din Har Ghar Ayurveda". Keeping in view with the theme, the Council along with all the peripheral institutes across the country organized various activities such as distribution of Ayurveda information E-kit and medicinal plant among masses, theme related activities displayed at various social media platforms and various lectures were delivered related to the theme. Further, total 16 workshops, 238 health camps, 35 Prakriti Parikshan camps and 56 webinars were organized under 3-Js i.e. Jan Sandesh, Jan Bhagidari and Jan Aandolan in six week long events from 12th September, 2022 to 23rd October, 2022.

#### Glimpse of some of the activities are:



Glimpse of Dhanvantari Pujan on the occasion of 7<sup>th</sup>Ayurveda Day celebration at CCRAS Headquarters, New Delhi



Glimpse of Dhanvantari Pujan on the occasion of 7<sup>th</sup>Ayurveda Day celebration at RARI, Mandi



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Glimpse of Run for Ayurveda organized as a part of the celebration of Ayurveda Day at CARI, Jhansi.



Glimpse of Medicinal plants distribution as a part of 7th Ayurveda Day celebration at RARIM & MMR Goa.



Glimpse of distribution of Poshak Laddoo at old age home, vijayawada as a part of 7<sup>th</sup> Ayurveda Day celebration by RARI, Vijayawada



Glimpse of Dr. Sanjiv Kumar, A.D. (Ay.) delivering lecture as a part of 7<sup>th</sup> Ayurveda Day celebration at CARI, Patiala



Glimpse of Medical Camp organized as a part of the celebration of 7<sup>th</sup> Ayurveda Day by RARI, Thiruvananthapuram.



Glimpse of Health Camp organized by ALRARI, Chennai as a part of 7th Ayurveda Day celebration at CSIR-CLRI Campus, Chennai.



Glimpse of Dr. Krishna Kumar Singh, AD Incharge delivering lecture as a part of 7<sup>th</sup> Ayurveda Day celebration at RARI, Patna



Dr. Kshitija Berde, SRF, and Dr. Anjali Rajput, Programme Assistant, during Prakriti Parikshan camp organized by RRAP CARI, Mumbai at BDD Chawl, Worli, Mumbai.

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Glimpse of Prakriti Parikshan camp organized by RARC, Agartala during the celebration of 7<sup>th</sup> Ayurveda Day.



Glimpse of Ayurvedic Aahar distribution as a part of 7<sup>th</sup> Ayurveda Day celebration at RARI, Ahmedabad.

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